

Teen Freedom Membership

Teen Freedom ensures you get the most out of the great facilities at Beau Sejour for just 53p a day*.

Teen Freedom is available to members aged 14 – 18 years inclusive, in full-time education and includes

- Unlimited swimming in the AquaZone at any public session
- Over 60 FREE keep-fit classes per week based at Beau Sejour
- Unlimited use of the gym 7am – 4.30pm Monday to Friday and all weekends with discounted rates at peak times.
- Subject to gym introduction for 16 years and over
- Subject to a Teen gym introduction for under 16 years
- FREE programme in the gym if paying the full year
- FREE 15 minute Power Plate Session (subject to induction and conditions)
- Unlimited use of the Sauna, Steam & Spa Bath , Mon – Fri 9am-5pm and all weekend. Reduced rates at other times. **
- Priority booking system seven days in advance
- Unlimited racket sports weekdays 9am –5pm (last entry at 4pm) and all weekend. Discounted rates at other times. Racket hire at £1.30
- Free bookable third of the sports hall for up to 55 minutes, between 12 noon and 2pm, weekdays, for 5-a-side, basketball, volleyball, badminton, table tennis and short tennis
- Reduced activity prices

Annual 'One Off Payment'	£ 193.00
Casual Monthly	£ 25.00

All subject to availability. Booking is essential for many activities

Please contact the membership office on Telephone: 747222

Based on a teen annual membership*

**** Must be over 16 or accompanied by an over 18 at all times**