

# Freedom Membership...

All this and more for just over  
**£1 per day.**

- **Over 60** keep fit classes per week based at Beau Sejour
- **Unlimited** gym sessions\*
- **One FREE half hour programme session** per quarter with an instructor (Worth £74)\*\*
- **Unlimited** racket sports during off-peak hrs & discounted rates at peak times
- **Friendly** qualified Instructors
- **Unlimited** swimming during public sessions
- **Unlimited** use of the sauna, steam room and whirlpool
- **Power Plate** sessions\*

**Telephone the membership office today on 747222 for full details of membership packages.**

\* (subject to induction)

\* \*(Annual and Direct Debit only)

£1 based on Freedom single annual membership

T's & C's may apply

[www.beausejour.gg](http://www.beausejour.gg)



**Beau Sejour  
Leisure Centre**